



# 1-2-3-CompleteMe

## Raw feeding guide

with  
CompleteMe Kitten

# 1

Choose your kitten's **favourite meat\***, or a combination of meats (*from the next page*), then purchase 1 kilogram of this.

*\*Please only use meats containing up to 10% fat.  
Animal protein options listed on the following page with approximate caloric density.*

# 2

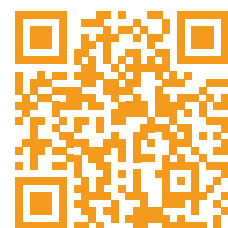
Add **30 grams of CompleteMe Hypo Kitten** to the meat/s, and mix well\*.

*\*Add one or two tablespoons of water to aid mixing, if necessary.*

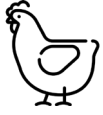
# 3

**Portion** into meals and **freeze** for a minimum of 3 days (*for help figuring out how much to feed, please refer to our online guide*).

Scan me to use  
our **online feeding  
calculator:**



# Protein selection



## Chicken, skinless/boneless

**Cuts:** Breast, drumstick, gizzard, heart, mince (3% fat), thigh

% Calories: Protein: 69.32% ; Fat: 30.68%  
Caloric Density: 1.21 kcal/gram



## Pigeon, skinless/boneless

**Cuts:** Whole (boneless)

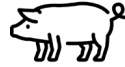
% Calories: Protein: 52.48% ; Fat: 47.52%  
Caloric Density: 1.39 kcal/gram



## Crocodile, very lean, 2% fat

**Cuts:** Body meat, strip loin, tail fillet

% Calories: Protein: 81.63% ; Fat: 18.37%  
Caloric Density: 1.08 kcal/gram



## Pork, lean, 5% fat

**Cuts:** Heart, loin steak, mince (5% fat), sirloin steak, tenderloin

% Calories: Protein: 69.61% ; Fat: 29.69%  
Caloric Density: 1.21 kcal/gram



## Duck, skinless/boneless

**Cuts:** Breast, gizzard, heart, Maryland

% Calories: Protein: 59.26% ; Fat: 40.74%  
Caloric Density: 1.32 kcal/gram



## Quail, skinless/boneless

**Cuts:** Whole (boneless)

% Calories: Protein: 69.46% ; Fat: 30.54%  
Caloric Density: 1.34 kcal/gram



## Emu, lean, 4% fat

**Cuts:** Flat or fan fillet, rump

% Calories: Protein: 72.79% ; Fat: 27.21%  
Caloric Density: 1.33 kcal/gram



## Rabbit, very lean, 2.5% fat

**Cuts:** Whole rabbit (wild)

% Calories: Protein: 81.64% ; Fat: 18.36%  
Caloric Density: 1.14 kcal/gram



## Horse, very lean, 5% fat

**Cuts:** Fillet, loin, rump, steak

% Calories: Protein: 68.76% ; Fat: 31.24%  
Caloric Density: 1.30 kcal/gram



## Rabbit, lean, 5% fat

**Cuts:** Whole rabbit (farmed)

% Calories: Protein: 63.10% ; Fat: 36.90%  
Caloric Density: 1.36 kcal/gram



## Ostrich, very lean, 2.5% fat

**Cuts:** Fillet, rump, steak, tenderloin

% Calories: Protein: 79.58% ; Fat: 20.42%  
Caloric Density: 1.14 kcal/gram



## Venison, very lean, 3.5% fat

**Cuts:** Fillet, steak

% Calories: Protein: 75.64% ; Fat: 24.36%  
Caloric Density: 1.30 kcal/gram



## Pheasant, skinless/boneless

**Cuts:** Whole (boneless)

% Calories: Protein: 75.40% ; Fat: 24.60%  
Caloric Density: 1.30 kcal/gram



## Venison, lean, 7% fat

**Cuts:** Mince (7% fat)

% Calories: Protein: 59.12% ; Fat: 40.88%  
Caloric Density: 1.57 kcal/gram

You'll need to enter the **caloric density** for the protein you select into our **online feeding calculator** to figure out how much to feed your kitten on a daily basis.