



1-2-3-CompleteMe

Raw feeding guide

with
CompleteMe feline

1

Choose your adult cat's **favourite meat***, or a combination of meats (*from the next page*), then purchase 1 kilogram of this.

**Please only use meats containing up to 10% fat.
Animal protein options listed on the following page with approximate caloric density.*

2

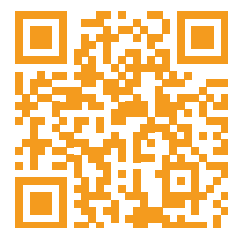
Add **20 grams of CompleteMe feline** to the meat/s, and mix well*.

**Add one or two tablespoons of water to aid mixing, if necessary.*

3

Portion into meals and **freeze** for a minimum of 3 days (*for help figuring out how much to feed, please refer to our online guide*).

Scan me to use
our **online feeding**
calculator:



Protein selection



Beef, very lean, 5% fat

Cuts: Chuck or gravy, eye fillet, heart, mince (5% fat), rump steak, scotch fillet
% Calories: Protein: 66.96% ; Fat: 33.04%
Caloric Density: 1.37 kcal/gram



Pork, lean, 5% fat

Cuts: Heart, loin steak, mince (5% fat), sirloin steak, tenderloin
% Calories: Protein: 69.61% ; Fat: 29.69%
Caloric Density: 1.21 kcal/gram



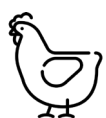
Beef, lean, 10% fat

Cuts: Mince (10% fat), oyster blade, porterhouse steak
% Calories: Protein: 48.63% ; Fat: 51.37%
Caloric Density: 1.76 kcal/gram



Rabbit, very lean, 2.5% fat

Cuts: Whole rabbit (wild)
% Calories: Protein: 81.64% ; Fat: 18.36%
Caloric Density: 1.14 kcal/gram



Chicken, skinless/boneless

Cuts: Breast, drumstick, gizzard, heart, mince (3% fat), thigh
% Calories: Protein: 69.32% ; Fat: 30.68%
Caloric Density: 1.21 kcal/gram



Rabbit, lean, 5% fat

Cuts: Whole rabbit (farmed)
% Calories: Protein: 63.10% ; Fat: 36.90%
Caloric Density: 1.36 kcal/gram



Duck, skinless/boneless

Cuts: Breast, gizzard, heart, Maryland
% Calories: Protein: 59.26% ; Fat: 40.74%
Caloric Density: 1.32 kcal/gram



Turkey, lean, 7% fat

Cuts: Breast, drumstick (skinless), heart, mince (7% fat)
% Calories: Protein: 53.29% ; Fat: 46.71%
Caloric Density: 1.48 kcal/gram



Emu, lean, 4% fat

Cuts: Flat or fan fillet, rump
% Calories: Protein: 72.79% ; Fat: 27.21%
Caloric Density: 1.33 kcal/gram



Venison, very lean, 3.5% fat

Cuts: Fillet, steak
% Calories: Protein: 75.64% ; Fat: 24.36%
Caloric Density: 1.30 kcal/gram



Kangaroo, very lean, 2% fat

Cuts: Diced, fillet, mince, steak
% Calories: Protein: 82.21% ; Fat: 17.71%
Caloric Density: 1.01 kcal/gram



Venison, lean, 7% fat

Cuts: Mince (7% fat)
% Calories: Protein: 59.12% ; Fat: 40.88%
Caloric Density: 1.57 kcal/gram



Lamb, very lean, 5% fat

Cuts: Diced, heart, leg steak, rump steak, tongue
% Calories: Protein: 66.33% ; Fat: 33.67%
Caloric Density: 1.32 kcal/gram



Wild boar, lean, 3-5% fat

Cuts: Loin, shoulder, tenderloin
% Calories: Protein: 75.36% ; Fat: 24.64%
Caloric Density: 1.20 kcal/gram

You'll need to enter the **caloric density** for the protein you select into our **online feeding calculator** to figure out how much to feed your adult cat on a daily basis.